



Child and Family Centre

KENORA

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December 2024

Program Descriptions for December

- ◇ **Baby Beginnings:** ages 0-18mths. A time for new parents to visit with one another and get some peer support. EarlyON staff and visiting professionals such as an NWHU Nurse, Lactation Consultant and staff from KACL Children's Services are available to answer questions and provide resources about child development. The scale and measuring equipment is here weekly to track your child's growth.
- ◇ **Kids in the Kitchen:** ages **2.5 to 4yrs**. We start by gathering on the carpet for introductions and a short nutrition-related circle time. Then we move to the table and prepare a recipe together, and get to sample our work! **Please call 467-5530 to register** for this program, as space is limited. Participants register for one week at a time, on a first come first served basis. This group requires more following instructions and waiting time than our other preschool-aged groups, so we will need to stick to the suggested age range for sign-ups, in order for it to be developmentally appropriate. Thanks for understanding!
- ◇ **Active Play Morning:** ages 0-6yrs. We're teaming up with Ne-Chee Indigenous EarlyON for some active playtime at 300 McClellan Ave (former Legion building). We'll have toys, snacks, music and more. Come have some fun and move those bodies!
- ◇ **NEW:French Fun:** ages 0-6yrs. This group is for our Francophone families, or those hoping for more French language exposure. It will include singing, stories, an art activity, light snacks and free play. The idea is to expose children to as much French as possible, through conversing in French with one another and through a completely French circle time. No registration required.
- ◇ **Toddler Hour:** ages 12-23 mths. If your child is aging out of Baby Beginnings but not old enough for Thursday's structured group, this is the program for you! Some young-toddler activities will be available in a less-formal format, including songs, stories, dancing, art activities and sensory play. Come prepared for your child to get messy while they explore. No sign up required.
- ◇ **Cozy Christmas:** Our annual Tuesday evening holiday celebration, partnering with the Kenora Public Library. This year, we're getting cozy! Come in your PJs for some crafting and hot chocolate. A storytelling session will take place as well. For ages 0-12yrs.

Please note: all activities at the EarlyON Centre require parent/caregiver participation

HOLIDAY CLOSURE:

We are CLOSED from December 24 to January 1 and will reopen on January 2, with Drop In Visits from 9:00 to 12:00 and 1:30 to 4:30.

Make sure you're following us on facebook, where we post updates such as pop-up events and unexpected closures. We do our best to share no-cost (or minimal cost) family events being put on in the community by other organizations as well.

While you're there, check out our collection of videos where you can learn some new songs and stories to share with your children.

When you're in the Centre, check out our physical bulletin board as well! There's a lot going on in Kenora!